

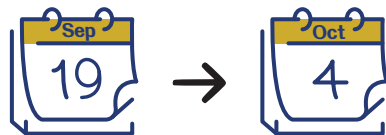


Highlights of the Anti-Doping Rules and Tips for the 20th Asian Games Aichi-Nagoya 2026

To safeguard health, fair competitions and protect athletes' rights and interests, the anti-doping programme for the 20th Asian Games Aichi-Nagoya 2026 will be implemented fully in compliance with the World Anti-Doping Code and OCA Anti-Doping Rules.

Highlights of the Anti-Doping Rules

1 Games period of the 20th Asian Games Aichi-Nagoya 2026 (the Games)



2 Testing during the Games

In-Competition

The period commencing at **11:59 p.m.** on the day before a Competition in which the Athlete is scheduled to participate through the end of such Competition and the sample collection process related to such Competition. (Except for **Cricket**, **Equestrian** and **Tennis**)

In-Competition for Cricket:

There are different situations to be deemed "In-Competition", please refer to Article 5.2.2 of ICC Anti-Doping Code for more details.

In-Competition for Equestrian:

The period commencing one (1) hour before the beginning of the first Horse inspection the day before a Competition in which the Athlete/rider is scheduled to participate through to the end of the last Competition at the Event for that Athlete/ rider or the sample collection process related to such Competition.

In-Competition for Tennis:

There are different periods to be deemed "In-Competition", please refer to Article 5.3.3 of ITF Anti-Doping Rules for more details.

Out-of-Competition

Any doping control which is not "In-Competition"

- All Athletes shall be subjected to Doping Controls initiated by the International Testing Agency (ITA) at **any time** or **place** **without advance notice**.
- Athletes will be asked to provide a urine and/ or blood sample.

3 Whereabouts Submission

- Athletes are responsible for maintaining **accurate** and **detailed** whereabouts information during the Games Period, and should fully comply with the whereabouts requirements.
- Athletes included in the testing pool of NADOs and/ or IFs shall continue to provide the required accurate whereabouts information via ADAMS or Athlete Central app.
- * Failure to provide whereabouts information may lead to disciplinary consequences for athletes.

4 Therapeutic Use Exemption (TUE)

- You must provide valid TUE certificate to anti-doping authority when taking part in doping test (If any).
- If you need to apply for a TUE, please visit ITA website to fill in and submit the application form. If you have any questions, you can contact ITA via email (tue@ita.sport).
- TUEs for chronic conditions (like ADHD or diabetes) should be processed by ADOHK.

5 ADEL

- Athletes and coaches must submit the relevant certification to Sports Federation & Olympic Committee of Hong Kong, China (SF&OC) **before the submission deadline**.
- Failure to upload the certification will invalidate the athlete's and/ or coach's entry at the Games.



Certificate must be dated within two years prior to the Closing Ceremony (Valid from 4 October 2024 onwards)

Anti-doping Tips

1 ADRVs

- Familiarize yourself with the 11 Anti-Doping Rule Violations (ADRVs)



2 2026 Prohibited List

- Bring along the 2026 Prohibited List and show it to your Physician during medical consultation.
- Beta-Blockers are prohibited In-Competition and/ or Out-of-Competition in particular sports, such as Archery, Golf & Shooting. Please find the details on page 20 of the 2026 Prohibited List.
- Athletes are strongly advised to check the prohibition status of the medication they are taking or intend to take through the following online tools:



3 Prepare for Doping Test

- The Athlete will be escorted during the whole process. Refusal to submit to sample collection is a violation of the Anti-Doping Rules.
- An adult representative can be present with the Athlete throughout the entire process. Athletes under the age of 18 must be accompanied by an adult.
- Bring along a photo bearing ID card or the Games Accreditation card & valid TUE (if any).
- Report to the Doping Control Station as soon as possible after being notified.
- Provide detailed records of any medicine /supplements used over the past 7 days.
- If there are any concerns about the doping control process, write them down on the Doping Control Form.

4a Testing for World and/ or Asian Records

- The ITA will conduct doping control to ratify World and/ or Asian Records.
- If an athlete establishing a new World and/ or Asian record is not notified immediately after his/ her performance, the athlete must visit the venue Doping Control Station and let the anti-doping staff know that the athlete has broken the World and/ or Asian record.

4b Testing for National Records

- SF&OC may request doping tests for athletes who break Hong Kong, China records in the competition for the purpose of ratifying such records.
- The cost of such testing shall be borne by the requesting party.

Disclaimer: This pamphlet is published for reference purpose only, and is not intended to give any legal/medical advice by ADOHK who shall disclaim any liability arising therefrom. Relevant individuals are recommended to refer to the Anti-Doping Rules of the Games and ADOHK, and seek professional/legal advice on important decisions

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Published in August 2026



中國香港運動禁藥管制機構
ANTI-DOPING ORGANIZATION OF HONG KONG, CHINA