

Highlights of the Anti-Doping Rules and Tips for the Paris 2024 Olympic Games

The IOC Anti-Doping Rules applicable to the Paris 2024 Olympic Games are in line with the 2021 World Anti-Doping Code and the relevant International Standards.

Highlights of the Anti-Doping Rules

Games Period: 18 July to 11 August 2024

1. Testing during the Games

In-Competition

- The period commencing at **11:59p.m.** on the day before a Competition in which the Athlete is scheduled to participate through the end of such Competition and the sample collection process related to such Competition.

Out-of-Competition

- Any period that is not "In-Competition".
- All Athletes shall be subjected to Doping Controls initiated by the International Testing Agency (ITA) **at any time or place without advance notice.**

Both In-and Out-of-Competition

- Athletes will be asked to provide a urine and/or blood sample.

2. Whereabouts Submission

- Athletes are responsible for maintaining **accurate and detailed** whereabouts information during the Games Period, and should fully comply with the whereabouts requirements.
- Athletes that are being included in the Testing Pool shall continue to provide their whereabouts up-to-date in ADAMS or Athlete Central app.

Required to submit:

- ☒ Olympic Village location
- ☒ Block & Room number
- ☒ Venue & Time of Training
- ☒ Hotel Name & Room number (If staying outside Olympic Village)
- ☒ 60-minutes time slot (*RTP Athlete)

* Not providing the whereabouts information or providing inaccurate or misleading information can result in consequences, such as whereabouts failure/non-compliance.

3. Therapeutic Use Exemption (TUE)

- If you have a valid Therapeutic Use Exemption (TUE), you should bring along in order to prepare for no advance notice doping test anytime, anywhere.
- TUE Application Process:
 - Before 18 July 2024:** Contact ADOHK and submit application with medical documents to ADOHK at least 30 days before the Games period.
 - 18 July – 11 August 2024:** Book an appointment and bring the TUE Form & supporting documentation to the TUE Office situated in the polyclinic of the Paris Olympic Village.



QR code to book an appointment for TUE (During the Games)

4. Doping Control Station (DCS)

- Food consumption is only allowed in the waiting area but not in the processing room of a DCS.
- No alcohol is allowed in the DCS nor prior to providing a sample.
- Athletes and their support personnel can use their mobile phones in waiting area of the DCS without disturbing the others.
- The use of mobile phones in the processing room will only be permitted if required to complete doping control process and explicitly allowed by DCO. (Eg: ask Team Dr for prescription name and other medical details, etc.)
- No photographing, recording or videoing.
- Unless the athletes have completed the doping test, they shall only leave DCS under continuous observation and with the approval of DCO.

Anti-Doping Tips

1. Familiarize yourself with the 11 Anti-Doping Rules Violations (ADRVs)



Presence



Use



Evasion



Whereabouts Failures



Tampering



Possession



Trafficking



Administration to an athlete



Complicity



Prohibited Association



Retaliate against anyone who shares information about doping

Please refer to ADOHK website for more details.

2. Familiarize with the 2024 Prohibited List

- Stay away from all prohibited substances/prohibited methods listed in the 2024 Prohibited List.
- Bring along the 2024 Prohibited List and show it to your Physician during medical consultation.
- Download the 2024 Prohibited List by scanning the QR Code:



- Athletes are strongly advised to check the prohibition status of the medication they are taking or intend to take through the following online databases:

DrugInSport (DIS): www.druginsport.hk

Global Drug Reference Online: www.globaldro.com

- Athlete should apply for TUE once being prescribed the medical substances/ methods that are listed in 2024 Prohibited list.

3. Prepare for Doping Test

- The Athlete will be escorted during the whole process. Refusal to submit to doping test is a violation of the Anti-Doping Rules.
- A representative can be present with the Athlete throughout the entire process. Athletes under the age of 18 **must** be accompanied by an adult.
- Bring along the photo ID or the Games Accreditation (AD card) & valid TUE (if any).
- Report to the Doping Control Station as soon as possible after being notified.
- Provide detailed records of any medicine/supplements used over the past 7 days.
- If there are any concerns about the doping control process, write them down on the Doping Control Form.

4. Testing for World Records

- The respective International Federation (IF) may notify IOC to conduct doping control to ratify the new record if an athlete has established a new world record.

5. ADEL Online Course

- All athletes are recommended to complete **"ADEL for Paris 2024 Olympic Games"** in order to understand the Anti-Doping Rules and key information for the Games.



Disclaimer: This pamphlet is published for reference purpose only, and is not intended to give any legal/medical advice by ADOHK who shall disclaim any liability arising therefrom. Relevant individuals are recommended to refer to the Anti-Doping Rules of the Games and ADOHK, and seek for professional/legal advice on important decisions.

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Published in July 2024



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ANTI-DOPING ORGANIZATION OF HONG KONG, CHINA