



19th Asian Games Hangzhou 2022

Highlights of the Anti-Doping Rules and Tips for the Hangzhou 19th Asian Games

Highlights of the Anti-Doping Rules

01 | Games period of the Hangzhou 19th Asian Games (the Games):

16 September (Opening of the Asian Games Village) to 8 October 2023 (Closing ceremony).

02 | Testing during the Games

In-Competition

(applicable to all sports at the Games except for Equestrian* and Tennis**):

The period commencing at 11:59 p.m. on the day before a Competition in which the Athlete is scheduled to participate through the end of such Competition and the sample collection process related to such Competition.

*In-Competition for Equestrian:

The period commencing one (1) hour before the beginning of the first Horse inspection the day before a Competition in which the Athlete/rider is scheduled to participate through to the end of the last Competition at the Event for that Athlete/rider or the sample collection process related to such Competition.

** In-Competition for Tennis:

There are different periods to be deemed "In-Competition", please refer to Article 5.3.3 of International Tennis Federation (ITF) Anti-Doping Rules for more details.

Out-of-Competition

Any doping control which is not "In-Competition".

- All Athletes shall be subjected to Doping Controls initiated by the International Testing Agency (ITA) at any time or place without advance notice.
- Athletes will be asked to provide a urine and/or blood sample.

03 | Whereabouts Submission

- Athletes are responsible for maintaining accurate and detailed whereabouts information during the Games Period, and should fully comply with the whereabouts requirements.

04 | Therapeutic Use Exemption (TUE)

- If you have a valid Therapeutic Use Exemption (TUE), you should bring along in order to prepare for no advance notice doping test anytime, anywhere.
- Please contact International Testing Agency (ITA) (tue@ita.sport) if a TUE application needs to be made during 21 August – 8 October 2023.

05 | ADEL



- All athletes are also required to complete "the ADEL International Level Athlete e-learning module: International-Level Athletes Education Program" and to submit the relevant certification to Sports Federation & Olympic Committee of Hong Kong, China (SF&OC) before going to the Asian Games.



Anti-doping Tips

01 | ADRVs

- Familiarize yourself with the 11 Anti-Doping Rules Violations (ADRVs)



02 | The 2023 Prohibited List

- Stay away from all prohibited substances/ prohibited methods listed in the 2023 Prohibited List.
- Bring along the 2023 Prohibited List and show it to your Physician during medical consultation.
- Beta-Blockers are prohibited In-Competition and/or Out-of-Competition in particular sports, such as Archery, Golf & Shooting. Please find the details on page 19 of the 2023 Prohibited List.
- Download the 2023 Prohibited List by scanning the QR Code:



- Athletes are strongly advised to check the prohibition status of the medication they are taking or intend to take through the following online databases:

DrugInSport (DIS): www.druginsport.hk
Global Drug Reference Online: www.globaldro.com

03 | Prepare for Doping Test

- The Athlete will be escorted during the whole process. Refusal to submit to doping test is a violation of the Anti-Doping Rules.
- A representative can be present with the Athlete throughout the entire process. Athletes under the age of 18 must be accompanied by an adult.
- Bring along the photo ID or the Games Accreditation (AD card) & valid TUE (if any).
- Report to the Doping Control Station as soon as possible after being notified.
- Provide detailed records of any medicine/ supplements used over the past 7 days.
- If there are any concerns about the doping control process, write them down on the Doping Control Form.

04 | Testing for World and/ or Asian Records

- The ITA will conduct doping control to ratify World and/ or Asian Records.
- If an athlete establishing a new World and/ or Asian record is not notified immediately after his/ her performance, the athlete must visit the venue Doping Control Station and let the anti-doping staff know that the athlete has broken the World and/ or Asian record.



Disclaimer: This pamphlet is published for reference purpose only, and is not intended to give any legal/medical advice by ADOHK who shall disclaim any liability arising therefrom. Relevant individuals are recommended to refer to the Anti-Doping Rules of the Games and ADOHK, and seek for professional/legal advice on important decisions.

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