



USE EXEMPTION THERAPEUTIC



A Therapeutic Use Exemption (TUE) gives an athlete the authorization to use a substance/method included on the Prohibited List to treat a medical condition.



Check before use: The prohibition status of your medication registered in HK on **DrugInSport**.



CRITERIA FOR GRANTING A TUE

- 1 The prohibited substance/prohibited method in question is needed to treat a diagnosed medical condition supported by relevant clinical evidence.
- 2 The therapeutic use of the prohibited substance/prohibited method will not, on the balance of probabilities, produce any additional enhancement of performance.
- 3 The prohibited substance/prohibited method is an indicated treatment for the medical condition, and there is no reasonable permitted Therapeutic alternative.
- 4 The necessity for the use of the prohibited substance/prohibited method is not a consequence, wholly or in part, of the prior use (without a TUE) of a substance/prohibited method which was prohibited at the time of such use.



An Athlete who needs to use a Prohibited Substance or Prohibited Method for Therapeutic reasons must apply for and obtain a TUE **prior to** Using or Possessing the substance or method in question, unless the Athlete is entitled to apply for a TUE retroactively (see "Retroactive TUE Application").



SUBMISSION OF TUE APPLICATION

International-level Athletes

Apply to your IF in advance

National-level Athletes

Apply to Anti-Doping Organization of Hong Kong, China (ADOHK) in advance

TUE granted by ADOHK is valid at national level only.

Athlete **is required** to submit the TUE to an IF or Major Event Organization for recognition.

Other Athletes

May apply for a retroactive TUE. Always have a medical file prepared and ready to submit for evaluation after being tested.

Check with **ADOHK** if you are not sure where to apply.



POINTS TO NOTE

- 1 TUE application should be made as soon as the need arises, or at least 30 days before the approval is required (e.g. participating in a competition).
- 2 If a TUE is granted by IF or the Major Event Organization, you must inform ADOHK immediately.
- 3 Each TUE has a specified duration. If you need to continue to use the prohibited substance/prohibited method after the expiry date, you must submit a new TUE application at least 30 days before the expiry date.
- 4 You should always carry a valid TUE in order to prepare for no advance notice doping tests anytime, anywhere.



TUE APPLICATION PROCEDURES (APPLICABLE TO NATIONAL-LEVEL ATHLETES)

Contact ADOHK
To confirm that the TUE application should be submitted to ADOHK*

Download the TUE Application Form on ADOHK website
(www.antidoping.hk)

Complete the Form
Ask for doctor's assistance to fill out the Form and attach comprehensive medical report

Submit the Application
Submit the application at least 30 days before the TUE is required

*For international-level athletes, please contact your respective IF for TUE application details.



REQUIRED DOCUMENTS CHECKLIST FOR TUE APPLICATION

- TUE Application Form** completed by the athlete and his/her doctor (the Form can be downloaded on ADOHK website)
 - Comprehensive Medical Report** (e.g. medical history, laboratory results, etc.)
- Download and print out the **<Medical Information to support the decisions of TUEC – also called TUE Physician Guidelines>** corresponding to your medical condition at [World Anti-Doping Agency's \(WADA\) webpage](http://WorldAnti-DopingAgency's(WADA)webpage).
- Show the Guidelines to your physician and ask him/her to provide the **Diagnostic Reports** according to requirement as stipulated in **"Section 4: Diagnosis"**



RETROACTIVE TUE APPLICATION

An Athlete may apply retroactively for a TUE (but must still meet the **Criteria for Granting a TUE**) if any one of the following exceptions applies:

- 1 Emergency or urgent treatment of a medical condition was necessary;
- 2 There was insufficient time, opportunity or other exceptional circumstances that prevented the Athlete from submitting (or the TUEC to consider) an application for the prior to Sample collection;
- 3 Due to national level prioritization of certain sports or disciplines, you were not permitted or required to apply for a prospective TUE as per Anti-Doping Rules of the Anti-Doping Organization of Hong Kong, China;
- 4 If ADOHK chooses to collect a Sample from an Athlete who is **NOT** an International-Level Athlete or National-Level Athlete, and that Athlete is using a Prohibited Substance or Prohibited Method for Therapeutic reasons, ADOHK must permit the Athlete to apply for a retroactive TUE; or
- 5 The Athlete used Out-of-Competition, for **Therapeutic** reasons, a Prohibited Substance that is only prohibited In-Competition.



Important note

Using a prohibited substance or a prohibited method without a TUE could result in an Anti-Doping Rule Violation.

In case that an application for a retroactive TUE is necessary after a sample collection, you are strongly advised to have a medical file prepared and ready to submit for evaluation.

For further information regarding TUE application, please visit ADOHK website (www.antidoping.hk) or contact ADOHK.

Disclaimer:
This pamphlet is published for reference purpose only, and is not intended to give any legal/medical advice by ADOHK who shall disclaim any liability arising therefrom. Relevant individuals are recommended to refer to the Anti-Doping Rules of ADOHK, and seek for professional/legal advice on important decisions.



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