

The 2023 Prohibited List




Effective 1 January 2023



Hong Kong Anti-Doping Committee
香港運動禁藥委員會

How does a substance / method make it to the Prohibited List?

Any substance & method that satisfies any two of the following three criteria:

-  Potential to enhance sport performance
-  Represents an actual / potential health risk
-  Violates the spirit of sport

Substances / methods which mask the effect or detection of prohibited substances / prohibited methods will also be added too!

Some Major Modifications on the 2023 Prohibited List:

S9. Glucocorticoids

Otic administration is **not prohibited**

M1. Manipulation of Blood and Blood Components

Prohibited at All Times:
Voxelotor was added as an example

P1. Beta-Blockers

Prohibited In-Competition:
Mini-Golf

Prohibited at All Times:
Underwater Sports in all subdisciplines of Freediving, Spearfishing & Target Shooting

Important update in 2024!

S7. Narcotics - Tramadol will be prohibited in-competition from 1 January 2024

Why Tramadol?

- Tramadol abuse represents actual or potential health risk
- Potential to enhance sport performance

Why 2024?

The delay allows sufficient time for :

- Communicating this change to the anti-doping community
- The medical practitioners to address the safe use of Tramadol for clinical purposes within anti-doping

 Download the 2023 Prohibited List



Please contact HKADC office to get a pocket-sized version of the 2023 Prohibited List.