

Therapeutic Use Exemption

A Therapeutic Use Exemption (TUE) gives an athlete the authorization to use a substance/method included on the Prohibited List to treat a medical condition.

Criteria for Granting a TUE

1. The prohibited substance/prohibited method in question is needed to treat a diagnosed medical condition supported by relevant clinical evidence.
2. The therapeutic use of the prohibited substance / prohibited method will not, on the balance of probabilities, produce any additional enhancement of performance.
3. The prohibited substance/prohibited method is an indicated treatment for the medical condition, and there is no reasonable permitted therapeutic alternative.
4. The necessity for the use of the prohibited substance/prohibited method is not a consequence, wholly or in part, of the prior use (without a TUE) of a substance/prohibited method which was prohibited at the time of such use.

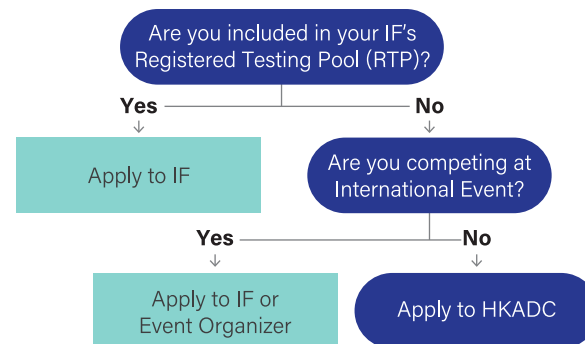


A valid TUE must be obtained before the use of a prohibited substance / prohibited method.

Submission of TUE Application

TUE application should be submitted to Hong Kong Anti-Doping Committee (HKADC) under the following situations:

- You are **not** in the Registered Testing Pool (RTP) of your International Federation (IF);
- You have confirmed with your IF that they will **not** accept nor process your TUE application (please contact HKADC for a template "Letter to IF"); and
- You have already contacted and informed HKADC on the confirmation of the above situations.



Points to Note

- TUE application should be made as soon as the need arises, or at least 30 days before the approval is required (e.g. participating in a competition).
- TUE application should only be submitted to one organization.
- If you are an international-level athlete or are participating in an international-level competition, your application should be submitted to your IF or the Major Event Organization.
- If a TUE is granted by IF or the Major Event Organization, you must inform HKADC immediately.
- Each TUE has a specified duration. If you need to continue to use the prohibited substance/prohibited method after the expiry date, you must submit a new TUE application at least 30 days before the expiry date.
- You should always carry a valid TUE in order to prepare for no advance notice doping tests anytime, anywhere.

TUE Application Procedures

Contact HKADC

To confirm that the TUE application should be submitted to HKADC*

Download the TUE Application Form on HKADC website

(www.antidoping.hk)

Complete the Form

Ask for doctor's assistance to fill out the Form and attach comprehensive medical report

Submit the Application

Submit the application at least 30 days before the TUE is required

* For athletes who belong to IF's RTP, please contact your respective IF for TUE application details.

Documents Required for TUE Application

1. TUE Application Form completed by the athlete and his/her doctor (the Form can be downloaded on HKADC website)
2. Comprehensive medical report (e.g. medical history, laboratory results, etc.)

Tips during Medical Consultation

1. Show the "Letter to Doctor" and the latest "Prohibited List" to your doctor (available for download on HKADC website).
2. Inform the doctor that you are an athlete and are subject to doping tests; therefore you must not be prescribed with any prohibited substances/prohibited methods on the Prohibited List.
3. Check the prohibition status of medicine registered in Hong Kong at "DrugInSport" (www.druginsport.hk) **before use**.
4. If prohibited substances/prohibited methods are required for treatment, ask for the doctor's assistance to fill out the "TUE Application Form".

For further information regarding TUE application, please visit HKADC website (www.antidoping.hk) or contact HKADC.



Disclaimer: This pamphlet is published for reference purpose only, and is not intended to give any legal/ medical advice by HKADC who shall disclaim any liability arising therefrom. Relevant individuals are recommended to refer to the Anti-Doping Rules of HKADC, and seek for professional/ legal advice on important decisions.

Hong Kong Anti-Doping Committee

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