

Therapeutic Use Exemption



A Therapeutic Use Exemption (TUE) gives an athlete the authorization to use a substance/method included on the Prohibited List to treat a medical condition.

Criteria for Granting a TUE

- 1 The prohibited substance/method in question is needed to treat an acute or chronic medical condition. The athlete would experience a significant impairment to health if the prohibited substance/method were to be withheld.
- 2 The therapeutic use of the prohibited substance/method is highly unlikely to produce any additional enhancement of performance.
- 3 There is no reasonable therapeutic alternative to the use of the prohibited substance/method.
- 4 The necessity for the use of the prohibited substance/method is not a consequence, wholly or in part, of the prior use (without a TUE) of a substance/method which was prohibited at the time of such use.

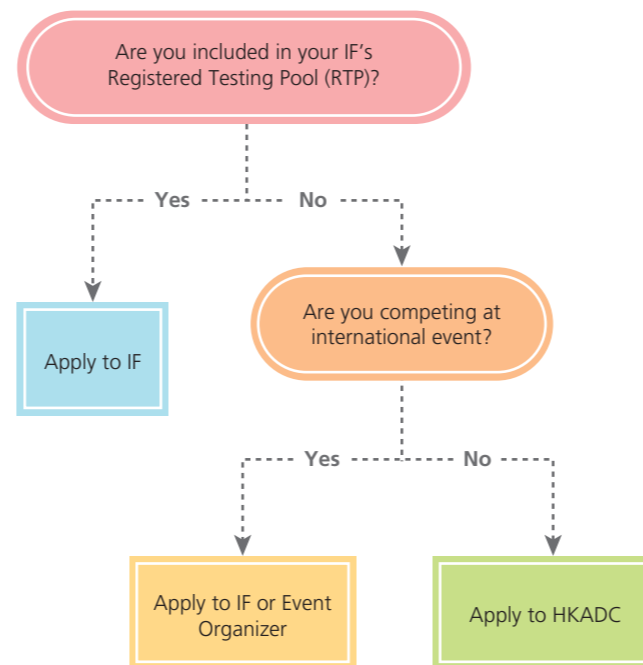
Note!

A valid TUE must be obtained before the use of a prohibited substance/method.

Submission of TUE Application

TUE application should be submitted to Hong Kong Anti-Doping Committee (HKADC) under the following situations:

- You **are not** in the Registered Testing Pool (RTP) of your International Federation (IF);
- You have confirmed with your IF that they will not accept nor process your TUE application (please contact HKADC for a template "Letter to IF"); and
- You have already contacted and informed HKADC on the confirmation of the above situations.



Documents Required for TUE Application

- 1 TUE Application Form completed by the athlete and his/her doctor (the Form can be downloaded on HKADC website)
- 2 Detailed medical report (e.g. medical history, laboratory reports, etc.)

Points to Note

- TUE application should be made as soon as the need arises, or at least 30 days before the approval is required (e.g. participating in a competition).
- TUE application should only be submitted to one organization.
- If you are an international-level athlete or are participating in an international-level competition, your application should be submitted to your IF or the Major Event Organization.
- If a TUE is granted by IF or the Major Event Organization, you must inform HKADC immediately.
- Each TUE has a specified duration. If you need to continue to use the prohibited substance/method after the expiry date, you must submit a new TUE application at least 30 days before the expiry date.
- You should always carry a valid TUE in order to prepare for no advance notice doping tests anytime, anywhere.

TUE Application Procedures

Contact HKADC

To confirm that the TUE application should be submitted to HKADC*

Download the TUE Application Form

HKADC website (www.antidoping.hk)

Complete the Form

Ask for doctor's assistance to fill out the Form and attach detailed medical report

Submit the Application

Submit the application at least 30 days before the TUE is required

*For athletes who belong to IF's RTP, please contact your respective IF for TUE application details.

Tips during Medical Consultation

- 1 Show the "Letter to Doctor" and the "Prohibited List" to your doctor (available for download on HKADC website)
- 2 Inform the doctor that you are an athlete and are subject to doping tests; therefore you must not be prescribed with any prohibited substances/methods on the list.
- 3 Check the prohibition status of medicine registered in Hong Kong on "DrugInSport" (www.druginsport.hk) before use.
- 4 If prohibited substances/methods are required for treatment, ask for the doctor's assistance to fill out the "TUE Application Form".

For further information regarding TUE application, please visit HKADC website (www.antidoping.hk) or contact HKADC.



Hong Kong Anti-Doping Committee

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HKAntiDoping

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