

Purpose of collecting whereabouts information

In order to protect the rights of athletes to compete on a level playing field, anti-doping organizations not only conduct in-competition testing during competitions, but would also conduct no advance notice out-of-competition testing on testing pools athletes, so as to ensure that they are not using prohibited substances and prohibited methods. Therefore, athletes' whereabouts information needs to be collected by anti-doping organizations to locate athletes for out-of-competition tests anytime and anywhere.

Hong Kong Anti-Doping Committee (HKADC) Testing Pools

nclusion Criteria of HKADC Testing Pools:

Registered Testing Pool (RTP)

- Athletes receiving Elite Training Grant Elite A+ category;
- Athletes being included in the respective International Federation's (IF's) Registered Testing Pool;
- Any other athletes at the discretion of HKADC

and conduct testing on them.

Elite Testing Pool (ETP)

- Athletes receiving Elite
 Training Grant Elite A,
 Elite B+ or Elite B
 categories;
- Any other athletes at the discretion of HKADC

Athletes included in the Testing Pools are required to submit whereabouts regularly. Athletes should update their whereabouts frequently to ensure submissions are complete and accurate in order for any Anti-Doping Organization with authority to locate

Requirements on whereabouts submission

	KIP	EIP
To be submitted on a quarterly basis . The deadlines for each quarter are 15 December, 15 March, 15 June, and 15 September	~	~
Whereabouts shall be updated as necessary so that it remains accurate and complete at all times	~	~
To provide the full address of the place where the athlete will be staying overnight for each day, i.e. the daily overnight residence	~	~
To specify a 60-minute time slot between 5 a.m. and 11 p.m. for each day, during which the athlete is available and accessible at the specified location for testing	~	
To provide training and competition schedules or schedule of other regular activities which includes the detailed address and time at least 3 days per week between 6 a.m. and 11 p.m.	~	~

Points to Note

✓ Required

- Athletes should provide detailed addresses which should include the street number, name of the venue/building, floor and room number, etc. and accurate locations such as fitness center or badminton court.
- 2. Athletes should provide a time (at least 1 hour) and location (e.g. a place where a toilet and a private room is available) that is suitable for conducting a doping test.
- 3. If there are any planned overseas competitions or trainings, athletes should provide the following information:
- Competition name, the host country and city
- The venue, date and time of training/competition
- Hotel details, room number, date and time of stay
- 4. It is the responsibility of athletes to ensure that Doping Control Officers can gain access to the reported location to notify athletes for doping tests.
- 5. All doping tests are conducted with no advance notice.

Athletes must update their whereabouts in ADAMS or Athlete Central App as soon as there is any anticipated change.

Ways to submit and update whereabouts information

Athletes in HKADC Testing Pools can submit and update whereabouts information through the following means:

Submit & Update	ADAMS*	http://adams.wada-ama.org
	Athlete Central App	Download at Apple App Store or Google Play
Update Only (For emergency use only)	Email	whereabouts@hkolympic.org
	Fax	(852) 2890 3677
	WhatsApp/SMS/ Voicemail	(852) 6257 7099

Remarks: Athletes included in the Registered Testing Pool of International Federations (IF) should submit and update whereabouts via ADAMS and Athlete Central App only

* Anti-Doping Administration and Management System (ADAMS) is developed by the World Anti-Doping Agency (WADA) to facilitate instant online submission and updating of whereabouts information by athletes and authorized representatives. ADAMS Quick Reference Card in Chinese and English are available on HKADC website.

Consequences of Whereabouts Failures/Non-Compliance

	Situations	Consequences
Athletes	Accumulation of 3 Filing Failure and/or Missed Test committed within a 12-month period	Violation of anti-doping rule which could result in ineligibility and fines
LEIP	Accumulation of 3 Whereabouts Non-compliances within a 12-month period	

Rights of athletes in relation to the whereabouts requirements

Athletes have the opportunity to provide explanation for any apparent Filing Failure / Missed Test / Whereabouts Non-compliance. If the explanation is accepted by the anti-doping organization, the case will not be formally recorded.

Whereabouts Tips

- Set regular notifications on your mobile phone or personal calendar to remind yourself on the whereabouts submission deadlines and to update whereabouts (e.g. weekly alarm).
- 2. Set daily alarm on your watch or mobile phone to remind yourself of the 60-minute time slot.
- 3. If you are an International Level Athlete (who is included in your IF's RTP), you must submit and update your whereabouts through ADAMS or Athlete Central App which would be accessible by both HKADC and your IF.
- 4. In order to officially retire from competition, you need to request to HKADC the official "Retirement Notification Form" and duly submit the completed form. Your retirement will take effect only after you have received the confirmation letter from HKADC. Your status of being a Testing Pool athlete and obligations remains unchanged until you have received further notice from HKADC.
- 5. If you are a retired athlete but intend to return to international events or national events, you should comply with relevant regulations of HKADC and your IF. You shall not compete in International Events or National Events until you made yourself available for Testing, by giving 6 months prior written notice to HKADC and your IF.

To learn more about the HKADC Whereabouts Policy, please visit HKADC website (www.antidoping.hk).

Disclaimer: This pamphlet is published for reference purpose only, and is not intended to give any legal / medical advice by HKADC who shall disclaim any liability arising therefrom. Relevant individuals are recommended to refer to the Anti-Dopina Rules of HKADC, and seek for professional / legal advice on important decisions.

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