

# SUBMISSION OF TUE APPLICATION

### International-level Athletes

Apply to your IF in advance

### National-level Athletes

- Apply to Anti-Doping Organization of Hong Kong, China (ADOHK) in advance
- TUE granted by ADOHK is valid at national level only
- Athlete is required to submit the TUE to an IF or Major Event Organization if it is not automatically recognized

#### Other Athletes

 May apply for a retroactive TUE. Always have a medical file prepared and ready to submit for evaluation after being tested

Check with ADOHK if you are not sure where to apply.



- TUE application should be made as soon as the need arises, or at least 30 days before the approval is required (e.g. participating in a competition).
- If a TUE is granted by IF or the Major Event Organization, you must inform ADOHK immediately.
- Each TUE has a specified duration. If you need to continue to use the prohibited substance/prohibited method after the expiry date, you must submit a new TUE application at least 30 days before the expiry date.
- You should always carry a valid TUE in order to prepare for no advance notice doping tests anytime, anywhere.



## TUE APPLICATION PROCEDURES (APPLICABLE TO NATIONAL-LEVEL **ATHLETES)\***

#### Contact ADOHK

Download the TUE Application Form on **ADOHK** website

#### Complete the Form

Ask for doctor's assistance to fill out the Form and

Submit the Application Submit the application at least 30 days

, please contact your respective IF for TUE application details.



## REQUIRED DOCUMENTS CHECKLIST FOR TUE APPLICATION



TUE Application Form completed by the athlete and his/ her doctor (the Form can be downloaded on ADOHK



Comprehensive Medical Report (e.g. medical history, laboratory results, etc.).

Download and print out the <Checklist for (TUE) Application> and <TUE Physician Guidelines> corresponding to your medical condition at World Anti-Doping Agency's (WADA) website.



Show the Guidelines to your physician and ask him/her to provide the Diagnostic Reports according to requirement as stipulated in "Section 4: Diagnosis".

# RETROACTIVE TUE APPLICATION

An Athlete may apply retroactively for a TUE (but must still meet the Criteria for Granting a TUE) if any one of the following exceptions applies:

Emergency or urgent treatment of a medical condition was

There was insufficient time, opportunity or other exceptional circumstances that prevented the Athlete from submitting (or the TUEC to consider) an application for the prior to Sample collection:

Due to national level prioritization of certain sports or disciplines, you were not permitted or required to apply for a prospective TUE as per Anti-Doping Rules of the ADOHK.

If ADOHK chooses to collect a Sample from an Athlete who is NOT an International-level Athlete or National-level Athlete. and that Athlete is using a Prohibited Substance or Prohibited Method for Therapeutic reasons, ADOHK must permit the Athlete to apply for a retroactive TUE; or

The Athlete used Out-of-Competition, for Therapeutic reasons, a Prohibited Substance that is only prohibited In-Competition.



## (!) Important note

TUE could result in an Anti-Doping Rule Violation.

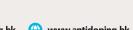
In case that an application for a retroactive TUE is necessary medical file prepared and ready to submit for evaluation.

For further information regarding TUE application, please visit

This pamphlet is published for reference purpose only, and is not intended to give any legal/medical advice by ADOHK who shall disclaim any liability arising therefrom. Relevant individuals are recommended to refer to the Anti-Doping Rules of ADOHK, and seek for professional/legal advice on important decisions.

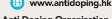


ANTI-DOPING ORGANIZATION OF HONG KONG, CHINA









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