



Hong Kong Anti-Doping Committee 香港運動禁藥委員會

重要日期 Important Date

15 MARCH 2022

藥檢名單的運動員遞交 2022年度第二季 行蹤資料的截止日期

Year 2022 Q2 whereabouts submission deadline for testing pool athletes

委員會 The Committee

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運動禁藥管制資訊站

Anti-Doping Information Hub

IMPORTANT

批准的物質內

BPC-157被列於S0未經

BPC-157 is now prohibited under S0 Non-approved Substances

Major Modifications on the 2022 Prohibited List

沙丁胺醇的每日劑量間距更改 為每8小時內不超過600微克

The daily dosing time intervals for Salbutamol are modified to 600 micrograms over 8 hours starting from the time any dose is taken

糖皮質激素的**所有注射用法** 於賽內期間都被禁用

All injectable routes of administration of Glucocorticoids are prohibited for In-Competition



2022年度禁用清單可於香港運動禁藥委員會網頁下載 The 2022 Prohibited List can be downloaded on HKADC website

不肯定你的藥物是否在運動上禁用?

Not sure about if your medications are prohibited in sport?



運動禁藥資料庫(DIS)幫到你!

DrugInSport (DIS) will be able to help! www.druginsport.hk

運動禁藥資料庫一共紀錄了大約15,000件香港註冊 藥劑製品的禁用狀况。

DIS has recorded the prohibition status of around 15,000 registered pharmaceutical products in Hong Kong.



如果你需要使用禁用清單內的物質/ 方法治療傷病,你必須在用藥前申請 及獲批**治療用藥豁免**。

If it is necessary for you to use a substance/method included on the Prohibited List to treat a medical condition, you must apply and get an approved Therapeutic Use Exemption (TUE) before use.

Ways to enhance your anti-doping knowledge

完成運動禁藥管制教育及 學習平台的課程

Complete the courses on the Anti-Doping Education and Learning Platform (ADEL)

adel.wada-ama.org



閱讀本會不同主題的教育小冊子

Read HKADC education pamphlets on various topics





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違反運動禁藥管制規條報告

Anti-Doping Rule Violations (ADRVs) Report

世界運動禁藥機構(WADA)已出版2019 年違反世界運動禁藥管制規條(違規)之 官方個案統計及分析報告。

World Anti-Doping Agency (WADA) published the report on the official figures and analysis of Anti-Doping Rules Violations (ADRVs) under the World Anti-Doping Code for 2019.

違規統計數據

278,047 樣本 | Samples

由各地運動禁藥管制組織於2019年所收集 Collected by Anti-Doping Organizations in 2019

▼陽性檢測結果違規個案* Analytical ADRVs*

Compared to 2018 46.22%

*即違反規條2.1運動員身體樣本含有禁用物質或其代謝物或標誌物

*Refers to violation of Article 2.1 Presence of a prohibited substance or its metabolites or markers in an Athlete's sample

Non-analytical ADRVs

規個案涉及運動支援人員 hlete Support Personnel involve

非檢測性違規次數 Occurrences of non-analytical ADRVs (部份違規個案涉及多重違規 Some ADRVs cases involved multiple article violations)

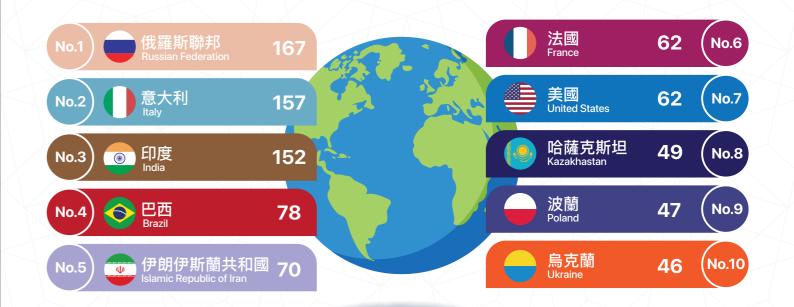
非檢測結果違規次數 | Occurrences of non-analytical ADRVs

(部份違規個案涉及多重違規 Some ADRVs cases involved multiple article violations)

規條 2.2 Article 2.2	運動員採用或意圖採用運動禁用物質/禁用方法 Use or Attempted Use by an Athlete of a Prohibited Substance / Prohibited Method	179
規條 2.3	逃避、拒絕或不能提供樣本作檢測 Evading, Refusing or Failing to submit to sample collection	106
規條 2.4	行蹤資料失誤 Whereabouts Failures	23
規條 2.5	干預或意圖干預運動禁藥管制的任何部份 Tampering or Attempted Tampering with any part of Doping Control	29
規條 2.6	藏有禁用物質/禁用方法 Possession of a Prohibited Substance / Prohibited Method	97
規條 2.7	非法販運或試圖非法販運禁用物質/禁用方法 Trafficking or Attempted Trafficking in any Prohibited Substance / Prohibited Method	17
規條 2.8 urticle	提供或意圖提供禁用物質/禁用方法給任何運動員 Administration or Attempted Administration to any Athlete	23
規條 2.9	串通行為 Complicity	23
規條 2.10 Article 2.10	·····································	8

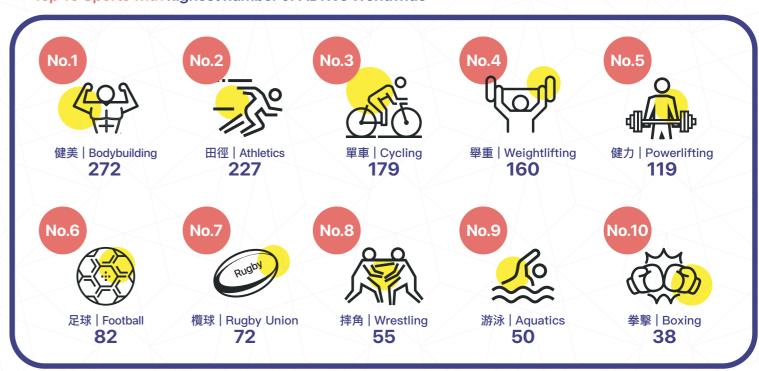
全球十大最多違規個室的國籍

Top 10 Nationalities with highest number of ADRVs Worldwide



全球十大最多違規個案的運動項目

Top 10 Sports with highest number of ADRVs Worldwide



資料來源 Source:

- 世界運動禁藥機構 - 2019年違反運動禁藥管制規條報告 WADA 2019 Anti-Doping Rule Violations (ADRVs) Report https://www.wada-ama.org/sites/default/files/2022-01/2019_adrv_report_external_final_12_december_2021_0_0.pdf

1 運動禁藥管制主任2021年度培訓

Doping Control Officers Annual Training 2021

香港運動禁藥委員會的運動禁藥管制主任(DCO)團隊 一直致力以「專業、可靠、公正」的態度執行藥物檢測 工作。本會於2021年12月11日舉行了DCO年度培訓, 培訓內容涵蓋了執行藥檢工作的重要資訊和最新要求, 以及東京2020奧運會的運動禁藥管制經驗分享等。除此 以外,本會更透過網上測驗,測試及提升DCO對藥檢 程序的認識和實際處理藥檢工作的能力。

站在本會最前線的DCO團隊會繼續以精益求精的專業 態度,為香港締造無運動禁藥的公平競賽環境。

Doping Control Officers (DCOs) Team, under the overseeing of Hong Kong Anti-Doping Committee (HKADC), is committed to provide doping control services in a "Professional, Reliable and Impartial" manner. On 11 December 2021, HKADC organised a mandatory annual training, which zeroed in on important information; updated requirements on doping control service; and shared experience of doping control at the Tokyo 2020 Olympic Games, to DCOs. In addition, their proficiency on the sample collection procedures and technical know-how were also assessed and enriched through an online guiz session.

Our frontline DCO team will continue to provide doping control service in a professional manner, in order to preserve a doping-free environment for fair play in sports in Hong Kong.







