



# TRUESELF

## 重要日期 IMPORTANT DATE

15 JUNE 2026

藥檢名單的運動員遞交2026年度第三季行蹤資料的截止日期

Year 2026 Q3 whereabouts submission deadline for testing pool athletes

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謝德富醫生, BBS, JP  
Dr. TSE Tak Fu, BBS, JP

## 主席的話

### CHAIRPERSON'S MESSAGE

中國香港運動禁藥管制機構主席  
Chairperson of ADOHK

楊世模博士

Dr. Simon YEUNG Sai Mo, MH, JP



本人謹代表中國香港運動禁藥管制機構，熱烈歡迎由文化體育及旅遊局局長委任之新一屆董事會成員。

憑藉前任主席傅浩堅教授和副主席謝德富醫生的卓越領導，以及歷屆董事會的鼎力支持，本機構始終堅守使命，致力推廣純潔體育，打擊所有運動禁藥違規行為。本機構實在非常榮幸，能獲得多位專業範疇的翹楚、且資歷豐富的社會賢達擔任董事。

為表彰傅浩堅教授及謝德富醫生自 2008 年起，對本機構（前身為香港運動禁藥委員會）作出的重大貢獻，董事會全體一致同意委任兩位資深前輩出任榮譽顧問。

在瞬息萬變的體育競技環境下，打擊運動禁藥違規行為不僅是一項極大的挑戰，更是所有持份者的共同使命與責任。捍衛體育運動的誠信及守護秉持體育精神參賽運動員的身心健康，始終是本機構的宗旨和使命。

讓我們繼續攜手並肩，全力守護和支持恪守純潔體育理念的運動員，因為他們才是我們真正的冠軍。

On behalf of Anti-Doping Organization of Hong Kong, China (ADOHK), I would like to extend my warm welcome to the new term of Board of Directors appointed by the Secretary for Culture, Sports and Tourism. With the strong leaderships of our previous Chairperson, Prof Frank H.K. Fu, Vice-Chairperson, Dr Tse Tak Fu, and the unwavering support from the Board of Directors, ADOHK is proud to maintain its steadfastness in the commitment to promote clean sports, and combat doping in sports. We are most fortunate to have Directors who are most experience in their respective professional fields. ADOHK is truly blessed to have them on board.

To honour the invaluable contribution of Prof Fu and Dr Tse to ADOHK (previously The Hong Kong Anti-Doping Committee) since 2008, the Board of Directors had unanimously conferred Honorary Advisor to our two eminent predecessors.

In the ever-evolving landscape of competitive professional sports, the fight against doping remains both a challenge and shared responsibility of all stakeholders. It must be our shared mission in safeguarding the integrity of sport and protecting the health and wellbeing of all our athletes who compete with honour.

Let us continue to work hand in hand to champion our clean athletes as they are our true champion.

## 2026運動禁藥管制主任(DCO) 年度培訓，持續提升專業素養！ 2026 DCO ANNUAL TRAINING KEEPS OUR DCOs REFRESHED!



本機構於 2026 年 3 月 28 日舉行了運動禁藥管制主任(DCO)年度培訓，確保所有 DCO 持續掌握最新的運動禁藥管制規條、政策及最佳實務守則。

本次培訓其中一個重點為講解將於 2027 年 1 月 1 日生效的《2027 年世界運動禁藥法規》(法規)。培訓讓 DCO 率先了解法規及相關國際標準的內容，協助他們為檢測程序的潛在變更做好準備，並持續確保合規執行順暢無誤。

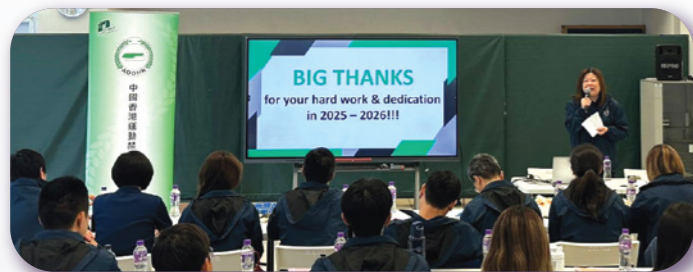
是次培訓彰顯了本機構對維持高水平專業標準及追趕最新資訊的決心。透過可靠、專業且嚴謹的檢測程序，本機構致力於為運動員提供最優質的保障。



ADOHK conducted its Doping Control Officers (DCO) Annual Training on 28 March 2026, ensuring our DCOs remain updated on the latest anti-doping rules, policies and best practices.

During the training, one of the main focuses was the 2027 World Anti-Doping Code (Code), which will take effect on 1 January 2027. Our DCOs received a glimpse of the new Code and relevant International Standards, helping them prepare for potential changes to testing procedures and maintain seamless compliance.

This training underscores ADOHK's dedication to maintaining high standards and staying up-to-date in doping control, directly benefiting athletes through reliable, knowledgeable and professional testing procedures.



## 你有沒有留意到我們DCO的全新形象？

### HAVE YOU SPOTTED OUR DCOs' FRESH NEW LOOK AROUND?

由 2026 年 4 月 1 日起，本機構的 DCO 已正式穿上全新制服，包括海軍藍色外套及 Polo 恤。全新設計不僅提升專業形象，亦提高執勤時的辨識度，Polo 恤袖口更清晰印有「Doping Control Officer」字樣，方便運動員識別。

Starting from 1 April 2026, our DCOs have officially begun wearing their new uniform, featuring a navy jacket and polo shirt. The refreshed design enhances professionalism while improving visibility during missions, with "Doping Control Officer" clearly printed on the polo sleeve for easy identification.



## 國際聯繫與協作：從WADA領袖會晤到亞沙運實地支援

### GLOBAL LIAISON IN ANTI-DOPING: FROM WADA LEADERSHIP MEETING TO ON-SITE SUPPORT AT THE ASIAN BEACH GAMES

適逢世界運動禁藥機構 (WADA) 主席 Mr. Witold Bańka、副主席楊揚女士及主席辦公室及機構關係總監 Mr. Rafal Piechota 於 4 月 26 日到訪香港，本機構主席楊世模博士與副主席余國樑先生與他們會面交流，就全球運動禁藥管制趨勢及跨地域合作交換意見，既鞏固 ADOHK 的合作夥伴定位，亦展現其推動純潔體育的積極角色。

4月22日至30日於中國三亞舉行的亞洲沙灘運動會(亞沙運)，本機構為中國香港代表團逾百名運動員及運動支援人員舉辦了專題運動禁藥管制講座。賽事期間，



本機構亦派出5名專業人員駐守三亞，分別負責藥檢程序及教育推廣工作。透過實地參與大型賽事運作，我們不僅能累積及鞏固經驗，更進一步深化與國際及地區禁藥管制機構的協作關係，為日後籌備各類體育盛事奠定堅實基礎。

On April 26, WADA President Mr. Witold Bańka, Vice President Ms. Yang Yang and Director, Office of the WADA President and Institutional Relations Mr. Rafal Piechota visited Hong Kong. ADOHK's Chairperson, Dr. Simon Yeung and Vice-Chairperson, Mr. Tony Yue held a meeting with them to exchange views on global anti-doping trends and possible cooperation. The engagement consolidated ADOHK's position as a key collaborative partner and demonstrated our proactive role in promoting clean sport.

Alongside these global efforts, ADOHK organized a dedicated anti-doping seminar for over a hundred athletes and athlete support personnel of the Hong Kong, China Delegation. During the Games, we deployed five staff to provide on-site support who were responsible for doping control procedures and anti-doping education outreach. The proactive participation not only deepens international anti-doping collaboration but also showcases our commitment to global anti-doping standards.



左起：Mr. Rafal Piechota、余國樑先生、Mr. Witold Bańka、楊世模博士、楊揚女士。  
From left: Mr. Rafal Piechota, Mr. Tony Yue, Mr. Witold Bańka, Dr. Simon Yeung, and Ms. Yang Yang.



## 運動禁藥管制及行蹤資料工作坊

### ANTI-DOPING AND WHEREABOUTS WORKSHOP



#### 重點 FOCUS：

旨在協助新一年度藥檢名單內的運動員清楚了解其相關權利、責任與義務。

Aiming to help the athletes newly included in the testing pools to fully recognize their roles, responsibilities and obligations.

向運動員重點講解正確提交行蹤資料的方法，協助他們掌握行蹤資料要求，從而降低行蹤資料失誤及違規的風險。

Focusing on the correct submission of whereabouts details for athletes, helping them become familiar with the requirements. Thereby reducing the risk of whereabouts failure and non-compliance.

令運動員清楚運動禁藥管制的重要性，同時介紹藥檢程序、運動禁藥管制規條以及提供實用貼士協助運動員避免誤服運動禁藥。

Ensuring athletes recognize the importance of anti-doping, with key guidance on doping control procedures, ADRVs and prevention of inadvertent doping.

日期：2026 年 4 月 17 日及 22 日 (共 4 節)  
DATE: 17 & 22 APRIL 2026 (4 SESSIONS)

廣東話：2 節 | 英語：2 節  
CANTONESE : 2 SESSIONS | ENGLISH : 2 SESSIONS



香港體育學院  
Hong Kong Sports Institute



# 運動禁藥管制教育講座

## ANTI-DOPING EDUCATION TALKS



根據世界運動禁藥機構(WADA)的指引，教育是運動員接觸運動禁藥管制的第一步。本機構深信教育是整個運動禁藥管制計劃中極重要的一環。因此，我們一直透過禁藥管制教育講座將運動禁藥管制知識、公平競賽及體育精神的概念融入校園生活，從而向青少年灌輸正確的體育道德價值觀，培養他們正直的品行。

本機構會為本地及國際學校和大專院校的學生舉辦運動禁藥管制教育講座。講座的內容包括體育精神的意義和公平競賽的重要性、體育精神在日常生活中的應用、簡介禁藥檢測的程序、了解違反運動禁藥管制規條的後果及提供最新的運動禁藥管制資訊等。

運動禁藥管制講座現正全年接受報名。歡迎向本機構索取進一步資料或瀏覽本機構網頁：[www.antidoping.hk](http://www.antidoping.hk)

According to World Anti-Doping Agency (WADA), athletes first experience with anti-doping should be through education. ADOHK believes that education is a paramount element of the entire anti-doping programme. Therefore, we have been incorporating knowledge of anti-doping regulations, fair competition and the concept of sportsmanship into secondary schools and higher education institutions' campuses through anti-doping education talks. These talks aim to instill positive sports ethics and cultivate upright character and behavior among young people.

ADOHK conducts anti-doping education talks for local and international secondary schools, and higher education institutions. The content of the talks includes the significance of sportsmanship and the importance of fair competition, as well as the application of sportsmanship in daily life, introducing the doping control procedures, understanding the consequences of violating the anti-doping rules, providing the updated anti-doping information, etc.

Registration for the anti-doping education talks is open throughout the year. For inquiries, please contact us or visit our website at [www.antidoping.hk](http://www.antidoping.hk).



中學運動禁藥教育講座申請表  
Secondary Schools Anti-Doping  
Talk Application Form



高等教育院校運動禁藥教育講座申請表  
Higher Education Institution  
Talk Application Form



中國香港運動禁藥管制機構 ANTI-DOPING ORGANIZATION OF HONG KONG, CHINA

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