



TRUESELF

重要日期 IMPORTANT DATE

15 MARCH 2026

藥檢名單的運動員遞交2026年度第二季行蹤資料的截止日期

Year 2026 Q2 whereabouts submission deadline for testing pool athletes

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運動禁藥資料庫網站 (DIS)全新登場!

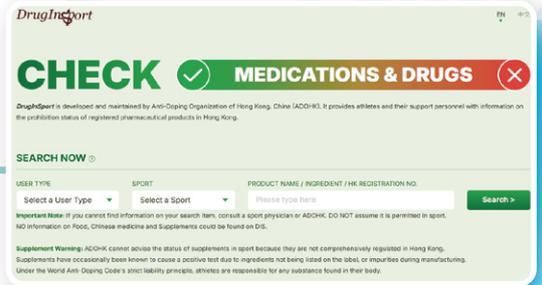
DrugInSport (DIS) Website Gets a Fresh New Look!

運動禁藥資料庫(DIS)網站換上了新裝! 全新的介面將令大家更輕鬆、更直接地查詢藥物狀態,以協助運動員全面遵守運動禁藥管制規條。

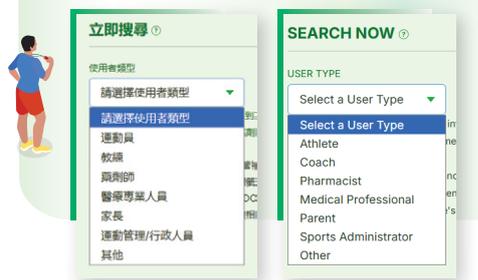
The DrugInSport (DIS) website has been given a complete makeover! The brand-new interface allows everyone to search for a medicine's status more easily and directly, ensuring athletes in full compliance with anti-doping rules.



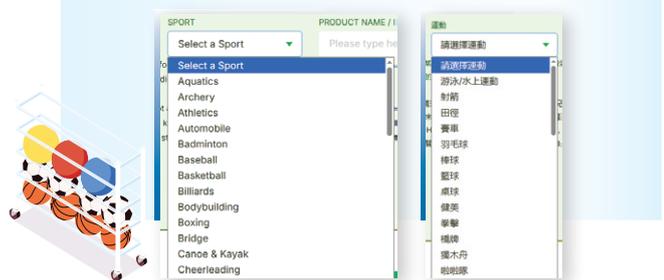
以下是使用新網頁搜尋的步驟:
Here's how to use the new search engine:



1 選擇使用者類型 SELECT USER TYPE



2 選擇運動項目 SELECT SPORT



3 輸入搜尋內容 ENTER SEARCH QUERY

- 選擇搜尋方式
- 推薦方式: 以香港註冊編號搜尋 (HK XXXXX)
- 其他方式: 以產品名稱或成分搜尋 (只限英文)
- 輸入資料後按「搜尋」

- Choose your search method
- Recommended: Search by HK Registration No. (HK XXXXX)
- Alternative option: Search by product name or ingredient (English only)
- Enter details and click "Search"



4 使用條款及免責聲明 TERMS OF USE AND DISCLAIMER

剔選閱讀並同意條款和條件,然後按「接受」。
Tick the box of "read and agree to the terms and conditions" then click "Accept".



5 查看結果 CHECK THE RESULT

後頁會詳細介紹各種不同的搜尋結果。
See the following page for detailed search results.



準備好嘗試了嗎?
立即瀏覽全新的運動禁藥資料庫網頁!
Ready to try it out? Visit the new DrugInSport website today!



* DIS並不能搜尋有關食品、中藥及補充劑。
NO information on Food, Chinese medicine and Supplements could be found on DIS.

解讀DIS 搜尋結果

UNDERSTANDING YOUR SEARCH RESULTS IN DIS



在搜尋藥物/成份時，請留意以下結果：

When you search for a product/ingredient, pay close attention to these status terms:

禁用 PROHIBITED

禁止使用。使用含有該物質的藥物會導致違反運動禁藥管制規條。



Prohibited. Do not use. Using the product with that substance could lead to an Anti-Doping Rule Violations (ADRVs).



禁用



Prohibited

不禁用 NOT PROHIBITED

可使用。該產品/物質不在運動禁藥清單上。在體育界別中通常都可以安全使用。

Safe to use in sport. The product does not contain any substances currently on the Prohibited List. It is generally safe for use in sport.



不禁用



Not Prohibited

不詳 UNKNOWN

含有不明物質，DIS未能對其禁用狀況提供資料。



Contains unknown substances. DIS cannot advise on its prohibition status in sports.



不詳



Unknown

視乎採用情況 CONDITIONAL

須符合特定條件（如劑量），請查看「備註」。
Check dosage or specific conditions in "Remarks."



視乎採用情況*



Conditional*

按運動項目 SPORT DEPENDENT

Sport/Competition	In-Competition	Out-of-Competition
Archery (2020)	Prohibited	Prohibited
Autism (2020)	Prohibited	Not Prohibited
Biathlon (2020)	Prohibited	Not Prohibited
Canoe (2020)	Prohibited	Not Prohibited
Canoe Sprint (2020)	Prohibited	Not Prohibited
Cycling (2020)	Prohibited	Not Prohibited
Cycling (2020)	Prohibited	Not Prohibited
Canoe (2020)	Prohibited	Not Prohibited
Canoe Sprint (2020)	Prohibited	Not Prohibited
Cycling (2020)	Prohibited	Not Prohibited
Cycling (2020)	Prohibited	Not Prohibited
Canoe (2020)	Prohibited	Not Prohibited
Canoe Sprint (2020)	Prohibited	Not Prohibited
Cycling (2020)	Prohibited	Not Prohibited
Cycling (2020)	Prohibited	Not Prohibited

只在特定運動項目中禁用。某些物質（如β阻斷劑）僅在特定的運動項目（如射箭、射擊等）中被禁止。

Only banned in specific sports. Certain substances, like Beta-blockers, are only banned in specific sports (e.g., Archery, Shooting etc.).



按運動項目



Sports Dependent

禁用狀況定義 | DEFINITION OF PROHIBITION STATUS

禁用時間非常關鍵，請分清以下定義：

Timing is crucial. Know the difference:

賽內 IN-COMPETITION

由比賽前一晚 11:59 開始
Starts: 11:59 p.m. the night before your competition/event.

直至賽事及樣本收集程序結束。
Ends: After the event and sample collection procedure finishes.



賽外 OUT-OF-COMPETITION

任何不屬於「賽內」的期間。
Any period that is not "In-Competition".

請注意：某些物質為「任何時間」禁用，有些則僅在「賽內期間」禁用。
Important Note: Some substances are prohibited at all times, while others are only prohibited In-Competition.

視乎採用途徑 ROUTE DEPENDENT



視乎用藥途徑。某些物質以某種方式使用（如外用藥膏）是被允許的，但若以另一種方式使用（如注射或口服藥片）則被禁止。

Depends on administration route. A substance may be permitted if used one way (e.g., a cream applied to the skin) but prohibited if used another way (e.g., an injection or tablet).



按採用途徑



Route Dependent

治療用藥豁免(TUE) 申請須知

INSTRUCTIONS FOR TUE APPLICATIONS

運動員透過DrugInSport、Global DRO或年度禁用清單等渠道查詢藥物的禁用狀況後，如發現必須服用的醫生處方藥物含有禁用物質，那便需要向ADOHK申請治療用藥豁免並獲批核，方可使用。如運動員在沒有申請及持有有效的治療用藥豁免情況下使用含有禁用物質的藥物，有機會違反運動禁藥管制規條。

After checking the prohibition status of the medicine on DrugInSport, Global DRO or prohibited list, if athletes find that the medicine contained prohibited substance but athletes must take the medication, they are required to apply for a Therapeutic Use Exemption (TUE) and obtain approval before use. If athletes take the medications containing prohibited substances without obtaining a valid TUE, it may cause anti-doping rule violations.

重點提示 Important Tips



TUE申請表格必須由運動員及主診醫生共同填寫。
TUE application form must be completed by the athlete and his/her physician.

提交申請表格時必須連同詳細的醫療報告一併提交。

When athlete submits the application, make sure the comprehensive medical report is attached.



在需要獲批TUE的期限最少30日前，向相關機構提出申請。

Application should be submitted to the relevant organization at least 30 days before the approval is required.

留意TUE的到期日，如果到期後仍須服用該藥物，必須於到期日前重新提交申請。

Pay attention to the expiry date of your TUE. If the medication needs to be taken after the expiration date, new application should be submitted again before the expiry date.



如運動員含禁用物質的藥物劑量有任何改變，必須重新申請TUE。

New TUE should be applied if the dosage of the prohibited medicine changed.

申請程序 Application Procedures

1 聯絡中國香港運動禁藥管制機構 CONTACT ADOHK

以確認向中國香港運動禁藥管制機構遞交TUE申請

*國際級運動員須向所屬國際聯合會查詢有關申請TUE詳情

To confirm that the TUE application should be submitted to ADOHK

*For those who are International-Level Athletes, please contact the respective IF for TUE application details.

2 下載TUE申請表格 DOWNLOAD THE TUE APPLICATION FORM

於中國香港運動禁藥管制機構網頁下載

Download on ADOHK website



3 填寫申請表格 COMPLETE THE FORM

請醫生協助填寫申請表格並附上詳細醫療報告

Ask for doctor's assistance to fill out the form and attach comprehensive medical report



4 遞交申請表格 SUBMIT THE APPLICATION

應盡早申請，或在需要獲批TUE的期限（例如參加比賽）最少30天前遞交申請表格

Submit the application as soon as the need arises, or at least 30 days before the TUE is required (e.g. participating in a competition)



韓國運動禁藥管制研討會暨 2025年世界運動禁藥管制大會 KADA Anti-Doping Seminar & 2025 World Conference on Doping in Sport



2025
1-5
DEC



韓國·釜山
Busan, Republic of Korea



與會者：來自191個國家及地區的逾1,500名與會者
Participants: Over 1,500 participants from 191 countries

重點 FOCUS :

正式公布《2027年世界運動禁藥法規》（於2027年1月1日生效）

Official launch of the 2027 World Anti-Doping Code, effective 1 January 2027

重點修訂涵蓋：強化運動員權益保障、訂定未成年運動員專項條款、明確列出各國運動禁藥管制機構獨立運作的規範等

Core amendments: Enhanced athlete rights protection, special provisions for minor athletes, expanded definition of NADO operational independence etc.

舉辦專題工作坊，推動所有持份者嚴格執行並遵守《法規》及相關國際標準

Thematic workshops were held and to reaffirms that all stakeholders' strict implementation of and compliance with the 2027 Code and relevant International Standards



本機構代表 ADOHK REPRESENTATIVES:

傅浩堅教授，主席
Prof. Frank FU, Chairperson of ADOHK
羅銘初博士，董事局成員
Dr. Anne LO, Board of Director of ADOHK
何雁玲女士，辦公室主管
Ms. Daisy HO, Head of Office
杜文懿女士，副經理（檢測）
Ms. Michelle TAO, Deputy Manager (Testing)
麥嘉欣女士，副經理（教育）
Ms. Karen MAK, Deputy Manager (Education)

「實踐運動誠信：在公平比賽中建立信任」國際會議

“Sport Integrity in Action: Building Trust in Fair Competition” Conference

2025
12
NOV



香港浸會大學
Hong Kong Baptist University



本機構代表 ADOHK REPRESENTATIVES:

傅浩堅教授，主席 Prof. Frank FU, Chairperson of ADOHK

傅教授獲邀擔任大會講者之一，闡述中國香港運動禁藥管制機構的角色和職責，以及機構從公平競賽理念、捍衛體育誠信、倡導純潔體育的發展歷程。世界運動禁藥機構主席Mr. Witold Bańka、副主席楊揚博士及中國反興奮劑中心李志全主任亦進行演講，內容涵蓋純潔體育的守護、體育倫理、科研創新，以及運動員分享相關挑戰與倡議經驗。

Prof. Fu was a distinguished conference speaker, outlining ADOHK's roles and responsibilities in the evolution of fair play to today's commitment to sporting integrity and clean athlete advocacy. WADA President, Mr. Witold Bańka, Vice-President, Dr. Yang Yang and China Anti-Doping Agency, Director General, Prof. Li Zhiqian also presented, covering clean sport protection, sports ethics, scientific innovation, clean athletes' challenge-sharing & advocacy experiences.